

The Parish Church of St Barnabas, Swanmore



**St Barnabas, Swanmore – Making Christ known in our community
through care for all, welcoming hospitality and worship for all ages**

Welcome to St Barnabas.....

If you would like more information about our church please speak to Claire (the Vicar)
or one of the many people helping out.

Information can also be found on our website: www.stbarnabas.org.uk.

Please do join us for tea or coffee after the service

Gluten free wafers are available. Please speak to the sides people if you would like one

Today 1st March 1st Sunday of Lent

Bishop's Lent appeal envelopes are available from today - to be collected on April 5th



Missions' Giving Sunday for Christians Against Poverty

8.00 Eucharist

President & Preacher: Claire

10.00 Parish Eucharist

President: Nick, Preacher: Hazel

Hymns 158, 442, 106 and 121

12.30-16.30 Ageing Congregations workshop, Paterson Centre

Barnaby's opening hours this week:

Tue Wed: 2pm – 4.30pm

Thu Fri: 9am – 12 & 2pm – 4.30pm

Sat: 10am – 1pm

Tuesday 3rd

10.00-11.00 Pause to Pray,
wherever you are

14.30 Care Group and Lunch Club AGM,
Paterson Centre

Wednesday 4th

9.15 School's Worship on Wednesday

11.00 Eucharist

Thursday 5th

8.15 Morning Prayer

19.30 PCC, Barnaby's

Friday 6th

14.00 World Day of Prayer,
St Nicholas Church, Wickham

Saturday 7th

10.00 Coffee Morning, Paterson Centre

19.00 Oh Heck! Paterson Centre

Next Sunday: 8th 2nd Sunday of Lent

8.00 Eucharist

10.00 Parish Eucharist inc Sun Club

*President & Preacher at both
services: The Ven Gavin Collins*

Traditional Collect:

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

OR Alternative Collect:

Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord. **Amen.**

1st READING *Genesis 2:15-17, 3:1-7*

A reading from the Book of Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God

say, “You shall not eat from any tree in the garden?”’ The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ But the serpent said to the woman, ‘You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.’ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord

Thanks be to God

2nd READING

Romans 5:12-19

A reading from the letter of Paul to the Romans.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion

through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore, just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord

Thanks be to God

GOSPEL READING: *Matthew 4:1-11*

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God." '

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you" and "On their hands they will bear you up, so that you will not dash your foot against a stone." ' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." ' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you,

Satan! for it is written, “Worship the Lord your God, and serve only him.” ’ Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord
Praise to you, O Christ

Post-Communion Prayer

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord. **Amen.**

Notices

Next Sunday's readings are: *Genesis 12:1-4a, Romans 4:1-5, 13-17 and John 3:1-17*

Church of England Coronavirus (COVID-19) guidance for parishes.

Although it hasn't come down as an 'order', the advice from the CofE is that we should be following best-hygiene practices. At present, there is no Government advice that suggests the use of the Common Cup should be suspended. Best-hygiene practices include: **(1)** Parishioners with coughs and sneezes to refrain from handshaking during 'The Peace' and to receive Communion in one kind i.e. only bread.

(2) Hand-sanitising gel to be made available in services. And for priests presiding at the Eucharist, communion administrators and servers to use gel before handling bread and wine and **(3) NO** dipping of the wafer into wine as this represents an infection transmission route. At St Barnabas we will be following these guidelines.

Pause to Pray! Remember to Pause to Pray every Tuesday between 10am and 11am. It is not another prayer meeting but instead is an invitation to you to pray at some point in that hour wherever you are. Please pray for our church, that we might grow in our relationship with our community and in numbers of our church family.

APCM 2020 The APCM will be at 7.30pm on Wednesday 1st April. Please think and pray about whether you might serve on the PCC. Formal notices etc will appear nearer the time but in the meantime, should you wish to know more about being on the PCC or a member of Deanery Synod, please speak to Claire, Andrew or Bill. This year, we are looking for 3x3-year elected terms, a 1 year casual vacancy and 2 Deanery Synod reps. Following Peter Boraston's demise, we are also looking for a GDPR lead for the church. Please see Claire or Andrew if you're interested and/or would like to find out more.

APCM Annual Reports Could all those people who are responsible for submitting reports for the APCM please let Jill have them by **TODAY at the latest**. This is so that all reports can be ready for the PCC meeting on 5th March. Jill's email address is jill.m.phipps@gmail.com
Thank you.

R.I.P. John Harrison John's funeral will be at 12.30 on Monday 9th March in St Barnabas, followed by a burial at Shedfield. All are welcome to the service and for refreshments in the Paterson Centre after the service. It would be good to share some church family members' memories of John at this service. If you have a memory you'd like shared (it can be anonymous) please email it to clairetowns@gmail.com

Matthew Todd Matthew's memorial service will be held in St Barnabas at 1.30pm on Wednesday 11th March, followed by refreshments in the Paterson Centre. All are welcome. It would be good to share some church family members' memories of Matthew at this service. If you have a memory you'd like shared (it can be anonymous) please email it to clairetowns@gmail.com

Advance Notice - Just One is an evangelistic event that has travelled around the country. Renowned Anglican evangelist, J John, will be coming to Portsmouth Guildhall on **4th & 5th April 2020** for two evenings. Individual Christians across the diocese are encouraged to bring 'Just One' friend, colleague, neighbour or family member to enjoy the evening and hear a gospel presentation. Please think and pray about/for these evenings - and pray whether there is someone you could invite to go with you. Exact times and details will be provided nearer to the date.

Wednesday morning Eucharist. The 11am Eucharist will be happening on the following dates:

March 4th and 18th, April 1st, 15th and 29th, May 6th and 20th
June 3rd and 17th, July 1st, 15th and 29th, August 5th and 19th
September 2nd, 16th and 30th, October 21st, November 4th and 18th
and December 16th.

Social & Fundraising Team Grease got 2020 off to a brilliant start for your Social & Fundraising Team. Our next event is Oh Heck on Saturday 7th March, a fun family evening in the Paterson Centre complete with Fish & Chips and a dessert. You might also win a small prize. If you have never played then ask around plenty of people will tell you what a great evening it is. Please reserve your tickets by e-mail to jsharp2016@hotmail.com or leave a message on the 01489-892750 answerphone. Today is almost your last chance to buy!

The rest of the year's programme is firming up and currently comprises:

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| Sunday 26 April | - Open Gardens |
| Saturday 2 May | - Family Quiz Night (Pat Centre) |
| Sunday 28 June | - Open Gardens |
| Saturday 11 July | - Swanmore Fete (Swanmore Rec) |
| Sunday date tbc | - Family Fun Day (Junior School) |
| Saturday 12 Sep | - Film & Supper Night (Village Hall) |
| Saturday 3 Oct | - Harvest Beer & Hymns (Pat Centre) |
| Saturday date tbc | - Light Party |
| Saturday ?? Nov | - Oh Heck -tbc (Pat Centre) |
| Saturday 5 Dec | - Film & Tea Afternoon (Church & Pat Centre) |
| Saturday 12 Dec | - Christmas Saxophones (Church & Pat Centre) |



Thank you all for your kind donations. The items that we require for the coming week are: Stock cubes, tinned vegetables, tinned fruit, tinned spaghetti and instant pasta meals. With love from The Meon Valley Food Bank Team.

www.meonvalleyfoodbank.co.uk or Follow us on twitter @MeonValleyFB

The AGM of the Care Group and Lunch Club will be held on Tuesday 3rd March at 2.30pm in the Paterson Centre, followed by refreshments. Please do come.

The World Day of Prayer (formerly Women's WDoP) falls on Friday 6th March and this year the Christian women of Zimbabwe have produced the service, which will start in Samoa and in 24 hours will have circumnavigated the globe. The service for the Meon Valley will take place at St Nicholas Church, Wickham at 2pm, where we will be joined by members of churches from around our area. The speakers will be the Revd Jane Isaac and the Revd Ruth Howlett-Shipley. Refreshments will be served following the service. Everyone is welcome. Please do come.

For our daily prayers

All those who live in **Spring Lane**.

Those we know who are unwell including: **Elliot Young, Pauline, Liz, Jan White, Wendy Tucker, Roger Beech, Clare Burton, Peter Angelis, Arthur O'Loughlin, Bridget Sanderson, Michael Wooley, Mark Horn, Shuna Rose, Graham Hewitt, Barbara Richardson and Marion Harrison**.

All those who have been recently bereaved especially the family and friends of **Jane Phipps and John Harrison**.

*Please send all items for Sun 8th Mar pew leaflet by **Wed 4th** afternoon to office@stbarnabas.org.uk*