

# The Parish Church of St Barnabas, Swanmore



**St Barnabas, Swanmore – Making Christ known in our community  
through care for all, welcoming hospitality and worship for all ages**

## Welcome to St Barnabas.....

If you would like more information about our church please speak to Claire (the Vicar)  
or one of the many people helping out.

Information can also be found on our website: [www.stbarnabas.org.uk](http://www.stbarnabas.org.uk).

**Please do join us for tea or coffee after the service**

**Gluten free wafers are available. Please speak to the sides people if you would like one**

## Today 23<sup>rd</sup> Sunday next before Lent

8.00 Eucharist

*President & Preacher: Mary*

10.00 Parish Eucharist inc Sunday Club

*President & Preacher: Claire*

**Hymns 53, 327, 532 and 30**

### **Barnaby's opening hours this week:**

Tue Wed: 2pm – 4.30pm

Thu Fri: 9am – 12 & 2pm – 4.30pm

Sat: 10am – 1pm

## Monday 24<sup>th</sup>

19.30 Meon Valley Food Bank AGM,  
Bishops Waltham

## Tuesday 25<sup>th</sup>

10.00-11.00 Pause to Pray,  
wherever you are

## Wednesday 26<sup>th</sup> Ash Wednesday

9.15 School's Worship on Wednesday  
11.00 Eucharist with imposition of ashes  
19.30 Eucharist with imposition of ashes

## Thursday 27<sup>th</sup>

8.15 Morning Prayer

## Saturday 29<sup>th</sup>

10.00 Coffee Morning, Paterson Centre

## Next Sunday: 1<sup>st</sup> March 1<sup>st</sup> Sunday of Lent

**APCM reports deadline!**

8.00 Eucharist

*President & Preacher: Claire*

10.00 Parish Eucharist

*President: Nick, Preacher: Hazel*

12.00-16.00 Ageing Church - workshop  
and Bring & Share lunch

## **Traditional Collect:**

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness, from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## **OR Alternative Collect:**

Holy God,  
you know the disorder of our sinful lives:  
set straight our crooked hearts,  
and bend our wills to love your goodness and your glory  
in Jesus Christ our Lord. **Amen.**

## **1<sup>st</sup> READING      *Exodus 24:12-end***

### *A reading from the Book of Exodus*

The Lord said to Moses, ‘Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.’ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, ‘Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.’ Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the

glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord

**Thanks be to God**

**2<sup>nd</sup> READING**

***2 Peter 1:16-end***

*A reading from the second letter of Peter.*

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, 'This is my Son, my Beloved, with whom I am well pleased.' We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

This is the word of the Lord

**Thanks be to God**

**GOSPEL READING:        *Matthew 17:1-9***

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord

**Praise to you, O Christ**

**Post-Communion Prayer**

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power to change and save.  
This we ask through Jesus Christ our Lord. **Amen.**

## Notices

**Next Sunday's readings are: *Genesis 2:15-17, 3:1-7, Romans 5:12-19 and Matthew 4:1-11***

### **Church of England Coronavirus (COVID-19) guidance for parishes.**

Although it hasn't come down as an 'order', the advice from the CofE is that we should be following best-hygiene practices. At present, there is no Government advice that suggests the use of the Common Cup should be suspended. Best-hygiene practices include: **(1)** Parishioners with coughs and sneezes to refrain from handshaking during 'The Peace' and to receive Communion in one kind i.e. only bread.

**(2)** Hand-sanitising gel to be made available in services. And for priests presiding at the Eucharist, communion administrators and servers to use gel before handling bread and wine and **(3) NO** dipping of the wafer into wine as this represents an infection transmission route. At St Barnabas we will be following these guidelines.

**The Good News greetings cards**, including some Easter cards, will be on sale in the Paterson Centre after today's service.

**Pause to Pray!** Remember to Pause to Pray every Tuesday between 10am and 11am. It is not another prayer meeting but instead is an invitation to you to pray at some point in that hour wherever you are. Please pray for our church, that we might grow in our relationship with our community and in numbers of our church family.

**Meon Valley Food Bank AGM** You are invited to the 5<sup>th</sup> Annual General Meeting of the Meon Valley Food Bank on Monday 24<sup>th</sup> February 2020 at 7.30pm at Bishops Waltham Youth Hall, Malt Lane, Winchester Road, Bishops Waltham SO32 1BA (opposite corner to Budgens). The Speaker will be Mike Sarson, Southampton Street Pastor. Refreshments provided. Please let us know that you are coming and reply to Cathie Salter on [info@meonvalleyfoodbank.co.uk](mailto:info@meonvalleyfoodbank.co.uk)

**Ageing Congregations spiritual needs and life in church** The PCC have invited The Revd. Kathy O'Loughlin to come and lead us in a workshop on this very important subject. Kathy has much experience in training and so this will be an excellent and insightful afternoon. It is open to anyone who would like to come along and will be from 12-4.30pm on Sunday March 1<sup>st</sup> in either the Paterson Centre or Barnaby's, depending on numbers. We will be having a 'bring & share' lunch and hot drinks will be provided. If you'd like to come along, please indicate this on the sign-up sheet on the font.

**APCM 2020** The APCM will be at 7.30pm on Wednesday 1st April. Please think and pray about whether you might serve on the PCC. Formal notices etc will appear nearer the time but in the meantime, should you wish to know more about being on the PCC or a member of Deanery Synod, please speak to Claire, Andrew or Bill. This year, we are looking for 3x3-year elected terms, a 1 year casual vacancy and 2 Deanery Synod reps. Following Peter Boraston's demise, we are also looking for a GDPR lead for the church. Please see Claire or Andrew if you're interested and/or would like to find out more.

**APCM Annual Reports** Could all those people who are responsible for submitting reports for the APCM please let Jill have them by **Sunday 1<sup>st</sup> March at the latest**. This is so that all reports can be ready for the PCC meeting on 5<sup>th</sup> March. Jill's email address is [jill.m.phipps@gmail.com](mailto:jill.m.phipps@gmail.com)  
Thank you.

**R.I.P. John Harrison** John had been a faithful and long standing member of St Barnabas and was at one time a church warden. He had been housebound and bedridden for some time and died quietly in his sleep at 05.30 on Wednesday 19th February. Details of his funeral will be released in due course. Meanwhile, please pray for Marion and their sons, Simon, Philip and Matthew.

**Matthew Todd** Matthew's memorial service will be held in St Barnabas at 1.30pm on Wednesday 11<sup>th</sup> March, followed by refreshments in the Paterson Centre. All are welcome. It would be good to share some church family members' memories of Matthew at this service. If you have a memory you'd like shared (it can be anonymous) please email it to [clairetowns@gmail.com](mailto:clairetowns@gmail.com)

**Advance Notice - Just One** is an evangelistic event that has travelled around the country. Renowned Anglican evangelist, J John, will be coming to Portsmouth Guildhall on **4th & 5th April 2020** for two evenings. Individual Christians across the diocese are encouraged to bring 'Just One' friend, colleague, neighbour or family member to enjoy the evening and hear a gospel presentation. Please think and pray about/for these evenings - and pray whether there is someone you could invite to go with you. Exact times and details will be provided nearer to the date.

**Wednesday morning Eucharist.** The 11am Eucharist will be happening on the following dates:

February 26th (Ash Wednesday)

March 4th and 18th

April 1st, 15th and 29th

May 6th and 20th

June 3rd and 17th

July 1st, 15th and 29th

August 5th and 19th

September 2nd, 16th and 30th

October 21st

November 4th and 18th

December 16th



Thank you all for your kind donations. The items that we require for the coming week are: breakfast cereal, pasta, squash, tinned cold meats ie. spam, corned beef, tinned ham and Angel Delight. With love from The Meon Valley Food Bank Team.

[www.meonvalleyfoodbank.co.uk](http://www.meonvalleyfoodbank.co.uk) or Follow us on twitter @MeonValleyFB

**Social & Fundraising Team** Grease got 2020 off to a brilliant start for your Social & Fundraising Team. Our next event is Oh Heck on 7th March, a fun family evening in the Paterson Centre complete with Fish & Chips and a dessert. You might also win a small prize. If you have never played then ask around plenty of people will tell you what a great evening it is. Please reserve your tickets by e-mail to [jsharpe2016@hotmail.com](mailto:jsharpe2016@hotmail.com) or leave a message on the 01489-892750 answerphone. John & Jenny will be back with tickets from Tuesday 25<sup>th</sup> and next Sunday 1<sup>st</sup> is almost your last chance to buy.

The rest of the year's programme is firming up and currently comprises:

- |                   |  |
|-------------------|--|
| Sunday 26 April   | - Open Gardens                               |
| Saturday 2 May    | - Family Quiz Night (Pat Centre)             |
| Sunday 28 June    | - Open Gardens                               |
| Saturday 11 July  | - Swanmore Fete (Swanmore Rec)               |
| Sunday date tbc   | - Family Fun Day (Junior School)             |
| Saturday 12 Sep   | - Film & Supper Night (Village Hall)         |
| Saturday 3 Oct    | - Harvest Beer & Hymns (Pat Centre)          |
| Saturday date tbc | - Light Party                                |
| Saturday ?? Nov   | - Oh Heck -tbc (Pat Centre)                  |
| Saturday 5 Dec    | - Film & Tea Afternoon (Church & Pat Centre) |
| Saturday 12 Dec   | - Christmas Saxophones (Church & Pat Centre) |





## For our daily prayers

All those who live in **Glendale** and **Meon Gardens**.

Those we know who are unwell including: **Elliot Young, Pauline, Liz, Jan White, Wendy Tucker, Roger Beech, Clare Burton, Peter Angelis, Arthur O'Loughlin, Bridget Sanderson, Michael Wooley, Mark Horn, Shuna Rose, Graham Hewitt and Marion Harrison.**

All those who have been recently bereaved especially the family and friends of **John Harrison**.

*Please send all items for Sun 1<sup>st</sup> Mar pew leaflet by **Wed 26** afternoon to  
[office@stbarnabas.org.uk](mailto:office@stbarnabas.org.uk)*