

The Parish Church of St Barnabas, Swanmore



**St Barnabas, Swanmore – Making Christ known in our community
through care for all, welcoming hospitality and worship for all ages**

Welcome to St Barnabas.....

If you would like more information about our church please speak to Claire (the Vicar)
or one of the many people helping out.

Information can also be found on our website: www.stbarnabas.org.uk.

Please do join us for tea or coffee after the service

Gluten free wafers are available. Please speak to the sides people if you would like one

Today Sunday: 9th 3rd Sunday before Lent (Proper 1)

8.00 Eucharist

President & Preacher: Claire

10.00 Parish Eucharist inc Sunday Club

President & Preacher: Claire

Hymns 242, 119, 392 and 494

Barnaby's opening hours this week:

Tue Wed: 2pm – 4.30pm

Thu Fri: 9am – 12 & 2pm – 4.30pm

Sat: 10am – 1pm

Collections today go to Emmaus, Winchester



Tuesday 11th

10.00-11.00 Pause to Pray,
wherever you are

Wednesday 12th

9.15 School's Worship on Wednesday
11.00 Eucharist

Thursday 13th

8.15 Morning Prayer

Saturday 15th

10.00 Coffee Morning, Paterson Centre

**Next Sunday: 16th 2nd Sunday before Lent
(Proper 2)**

8.00 Eucharist

President & Preacher: Nick Whitehead

10.00 3rd @10 Café Church

Traditional Collect:

Almighty God,
who alone can bring order
to the unruly wills and passions of sinful humanity:
give your people grace
so to love what you command
and to desire what you promise,
that, among the many changes of this world,
our hearts may surely there be fixed
where true joys are to be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

OR Alternative Collect:

Eternal God,
whose Son went among the crowds
and brought healing with his touch:
help us to show his love,
in your Church as we gather together,
and by our lives as they are transformed
into the image of Christ our Lord. **Amen.**

1st READING***Isaiah 58:1-9a***

A reading from the Book of the Prophet Isaiah

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

This is the word of the Lord

Thanks be to God

A reading from the First letter of Paul to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him' — these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the word of the Lord
Thanks be to God

GOSPEL READING: *Matthew 5:13-30*

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord

‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

‘You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

‘You have heard that it was said to those of ancient times, “You shall not murder”; and “whoever murders shall be liable to judgement.” But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, “You fool”, you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the

guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

‘You have heard that it was said, “You shall not commit adultery.” But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

This is the Gospel of the Lord

Praise to you, O Christ

Post-Communion Prayer

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever. **Amen.**

Notices

Next Sunday's readings are: Genesis 1:1-2:3, Romans 8:18-25 and Matthew 6:25-end

Pause to Pray! Remember to Pause to Pray every Tuesday between 10am and 11am. It is not another prayer meeting but instead is an invitation to you to pray at some point in that hour wherever you are. Please pray for our church, that we might grow in our relationship with our community and in numbers of our church family.

PCC Minutes The approved minutes of the December meeting are now available for reading and can be found in the box at the back of church.

Feedback from 23rd January PCC The full minutes will be available after being approved at the 5th March PCC. News in brief for now:

- The PCC has written a strategy for mission for 2020 and beyond. It's called 'Developing a Vision for 2020: St BIGGI (St Barnabas Inter-Generational Growth Initiatives). Copies of this are available from the table in the Link. There's a lot to do, think about and most importantly pray for. What can YOU do?
- Approval was granted for replacement of the roof above the Link, following another lead theft in the Autumn. This will cost c.£5k but will give a watertight roof for years to come, and one which will no longer be at risk of metal theft.
- As mentioned previously, the supplementary church lighting will be installed soon.
- 2020 is St Barnabas' 175th anniversary. There are plans to hold a celebratory Songs of Praise and afternoon tea on June 14th and to hold a Gift Day around that time.
- Missions Giving Sundays are now on the calendar. Please see notice boards and notice sheets.

- The new church website is just 2-3 weeks away from being launched. Many thanks to 21Six for providing the new template, for hosting, training and for providing any other maintenance work required.
- The decking outside the back of the Paterson Centre, which was built by the Greenery Nursery several years ago, is rotten in places, and someone has actually fallen through it and injured herself. Therefore, most of the decking will be taken down. Steps from the Paterson Centre will still be in place as the door is a fire escape. There will also be steps allowing access to the boiler room.
- Now that the Link doors into the churchyard are left open (as it is our main entrance) some concerns about feeling unsafe, have been expressed by lone workers in Barnaby's or the office. The PCC cannot ignore these expressed concerns. Having consulted with the Fire Service and the Planning/Building Regs people at Winchester, we have the authorisation now to lock the swing doors into the Paterson Centre, when the hall is **not** in use. Locks will appear shortly and Anne Pearson is writing a revised management policy for all hall users so they are fully aware of new procedures and of the need to comply with them.

APCM 2020 The APCM will be at 7.30pm on Wednesday 1st April. Please think and pray about whether you might serve on the PCC. Formal notices etc will appear nearer the time but in the meantime, should you wish to know more about being on the PCC or a member of Deanery Synod, please speak to Claire, Andrew or Bill. This year, we are looking for 3x3-year elected terms, a 1 year casual vacancy and 2 Deanery Synod reps. Following Peter Boraston's demise, we are also looking for a GDPR lead for the church. Please see Claire or Andrew if you're interested and/or would like to find out more.

APCM Annual Reports Could all those people who are responsible for submitting reports for the APCM please let Jill have them by **Sunday 1st March at the latest**. This is so that all reports can be ready for the PCC meeting on 5th March. Jills email address is jill.m.phipps@gmail.com
Thank you.

Matthew Todd Matthew's funeral is at 11.30am on Thursday 20th February at Wessex Vale Crematorium. A memorial service will then be held in St Barnabas at 1.30pm on Wednesday 11th March, followed by refreshments in the Paterson Centre. All are welcome to either or both services.

MU Prayers for family life on Monday 17th February will now be held at Appledown, Chapel Road and NOT 26, Orchardlea.

Ageing Congregations spiritual needs and life in church The PCC have invited The Revd. Kathy O'Loughlin to come and lead us in a workshop on this very important subject. Kathy has much experience in training and so this will be an excellent and insightful afternoon. It is **open to anyone** who would like to come along and will be from **12-4.30pm on Sunday March 1st** in either the Paterson Centre or Barnaby's, depending on numbers. We will be having a 'bring & share' lunch and hot drinks will be provided. If you'd like to come along, please indicate this on the sign-up sheet on the font.

Advance Notice - Just One is an evangelistic event that has travelled around the country. Renowned Anglican evangelist, J John, will be coming to Portsmouth Guildhall on **4th & 5th April 2020** for two evenings. Individual Christians across the diocese are encouraged to bring 'Just One' friend, colleague, neighbour or family member to enjoy the evening and hear a gospel presentation. Please think and pray about/for these evenings - and pray whether there is someone you could invite to go with you. Exact times and details will be provided nearer to the date

Wednesday morning Eucharist. The 11am Eucharist will be happening on the following dates:

February 19th and 26th (Ash Wednesday)

March 4th and 18th

April 1st, 15th and 29th

May 6th and 20th

June 3rd and 17th

July 1st, 15th and 29th

August 5th and 19th

September 2nd, 16th and 30th

October 21st

November 4th and 18th

December 16th



Thank you all for your kind donations. The items that we require for the coming week are: tinned cold meats, rice, part-baked bread, cleaning products and sugar.

With love from The Meon Valley Food Bank Team.

www.meonvalleyfoodbank.co.uk or Follow us on twitter @MeonValleyFB

Meon Valley Food Bank AGM You are invited to the 5th Annual General Meeting of the Meon Valley Food Bank on Monday 24th February 2020 at 7.30pm at Bishops Waltham Youth Hall, Malt Lane, Winchester Road, Bishops Waltham SO32 1BA (opposite corner to Budgens). The Speaker will be Mike Sarson, Southampton Street Pastor. Refreshments provided. Please let us know that you are coming and reply to Cathie Salter on info@meonvalleyfoodbank.co.uk

For our daily prayers

All those who live in **Spring Vale**.

Those we know who are unwell including: **Elliot Young, Pauline, Liz, Jan White, Wendy Tucker, Roger Beech, Clare Burton, Peter Angelis, Arthur O'Loughlin, Bridget Sanderson, Michael Wooley, Mark Horn, Graham Hewitt and Marion & John Harrison.**

All those who have been recently bereaved especially the family and friends of **Matthew Todd**.

*Please send all items for Sun 16th Feb pew leaflet by **Wed 12th** afternoon to office@stbarnabas.org.uk*

Missions Giving Sundays 2020



The three missions we are regularly supporting as a Church Family this year are:



Emmanuel, Winchester



Christians against Poverty



Water Aid

On designated Sundays, we are also supporting:



February 2nd		August 2nd	
March 1st	 <i>Bishop's Lent Appeal envelopes for available from today</i>	September 6th	
April 5th	<i>Envelopes to be returned</i>	October 4th	
April 12th		November 1st	
April 25th		November 8th	
May 3rd		December 6th	
May 10th		December 13th	
June 7th		Carol Service, Christmas Eve and Christmas Day	
July 5th			

Please note: All monies taken during the collection and NOT in a yellow envelope will be for the Mission stated on the dates above.